

HOW TO LIVE ANXIETY FREE

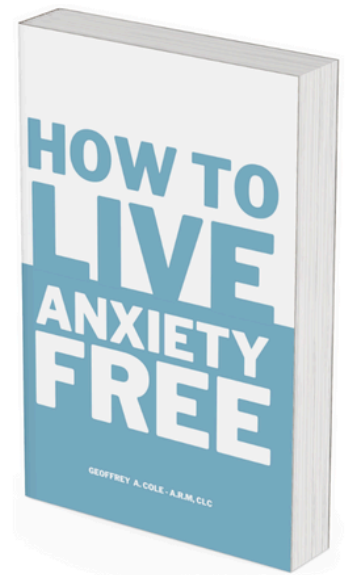
By Geoffrey A. Cole

ABOUT THE BOOK

Living a life free from anxiety is possible. Geoffrey Cole's story has been called remarkable. What would have broken most, Cole overcame, and developed a new science to help others in the process. If you're facing what feels like insurmountable challenges, including anxiety, depression, financial ruin, or even incarceration, this book is for you. Join the thousands who have had their lives transformed.

Step by step, this narrative unveils the inner workings of the human brain, offering valuable insights that anyone can use to enhance their life. Gain the understanding necessary to harness the incredible potential of the mind and body when they work in harmony.

At the core of this transformation lies "NeuroEmpowerment". A revolutionary process and science that is reshaping the world, steering it away from fear-based divisions toward a love-based, collaborative society where individuals revel in life. By sharing their insights, Cole and his team have redefined consciousness, enhancing mental health and cognitive performance. Take your first steps towards freedom today by reading this book and become a part of this inspiring movement.



Self-Help Book

6 x 9 inches

177 Pages

Paperback ISBN: 978-1-959220-09-1

Retail Price: \$13.33

Wholesale Price: \$6.70 (minimum of 10)

Hardcover ISBN: 978-1-959220-08-4

Retail Price: \$19.99

Wholesale Price: \$9.99 (minimum of 10)

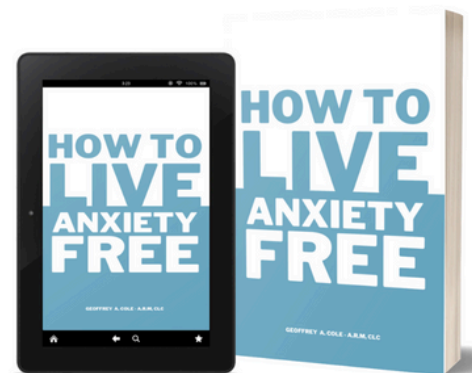
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"I especially loved the KEY TAKEAWAYS after each chapter. This book is a fantastic learning tool to start making changes in your life to help with daily stresses. I especially love the author's goal "to help the world become a love-based place, A MUST READ for all!!!"

-Jerod Morris



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info@bootstrappublications.com